

## The Verification Sheet

*I have experienced:*

- Your Condition Improves
- Coincidences / Synchronicity / “Magic”
- Unresolved Situations Present Themselves
- Improved Outlook on Life
- Increase in Confidence
- Feelings of Being on Life Path
- Improved Focus in Life Direction
- You Know What to Do
- Increased Relaxation /Well-being /Less Stress
- Heightened Awareness of Senses
- Increased Creativity
- Amplified Feelings (Love, Anger, Happiness, Sadness, etc.)
- Physical Ailments Relieved
- Emotional Symptoms Disappear (Depression, Anxiety, Phobias, etc.)
- Vivid Dreams
- Increased Energy, Enthusiasm
- Other

On rare occasions, after an initial session, things may seem to get worse. This is usually a temporary experience. The subconscious mind is attempting to purge suppressed emotion. If this happens, experience the event, as detached as possible, and just let it happen.

- Your Condition Intensifies
- Emotional Symptoms Increase (Depression, Anxiety, Phobias, etc.)
- Physical Ailments Get Worse
- You Get Sick

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